



# Track Practice Schedule

**Track meets will take place on Thursdays. The dates of the meets are below. Athletes will ride the bus to the track meets. Some meets we will leave Pine View at 3:30, depending on the location. Parents may pick up their athlete from the meet once they have participated and sign the sign-out sheet when they leave. All meets begin as close to 4:30 PM as possible except the County meet, which begins at 3:30 PM. All practices will begin promptly at 7:45 AM on the dates listed below. Track practices every date below even if it rains!**

## **Track Meets**

**Feb. 8 McIntosh & Pine View @ Heron Creek**

**Feb. 15 Pine View & Brookside @ Venice**

**Feb. 22 Sarasota & Woodland @ Pine View**

**Feb. 29 Pine View & Laurel @ Booker**

**March 6 (Wed) County Meet @ Northport High School-Leave at 2:00 PM Meet begins at (3:30 start)**

**March 7 (Thurs) County Rain Date at Northport High School**

**TRACK TRYOUTS: \*\*\*Please note tryouts begin (Jan. 22nd, Jan. 23rd & Jan. 24<sup>th</sup>- 7:30 AM)\*\*\* Team Practice begins - Jan. 25th**  
**Track Practices—Begin at 7:45 AM**

**Track Conditioning: Be sure to attend run clubs**

## **Team Practice Dates:**

**Jan. 22, 23, 24, 25, 26 Jan. 29, 30, 31, Feb. 1, 2 Feb. 5, 6, & 7**  
**Feb. 12, 13, & 14 Feb. 20 & 21 Feb. 26, 27, & 28**